



QPRC



Rules of Netball (Adult Sports)

QPRC



Indoor Sports

Rules of Netball (Adult Sports): QPRC Indoor Sports

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1. General Conditions

All players, officials and spectators need to abide by the Conditions of Entry.

The General Conditions give overarching rules for QPRC Indoor Sports that are consistent across all Adult Sports. The General Conditions should be read in conjunction with the Sports Specific Rules which detail individual differences for each sport.

A General Conditions document has been developed and is available from [here](#).

2. Sport Specific Rules for Netball

QPRC Indoor Sports aims to utilise the official rules of the local, state or international governing body.

For Netball, the rules are in accordance with the International Netball Federation of which are available from their [website](#).

There may be modifications and differences to the rules above of which are outlined below. Where there is a discrepancy between the Sport Specific Rules and the QPRC Indoor Sports Rules, the latter will take precedence.

3. QPRC Indoor Sports Rules for Netball

Team Composition

Two competitions will be offered:

- Female Competition
 - Only females may participate in this competition.
- Mixed Competition
 - Any team playing in the mixed competition must register a minimum of two males, with a maximum of three males permitted on the court in each quarter. The males must be evenly spread across the court with a maximum of one male per team allowed in each of the following positions:
 - One in GA or GS
 - One in GD or GK
 - One in C, WA or WD
 - Any team playing in the mixed competition must register a minimum of four females, with a maximum of five females on court during each quarter.
 - Teams are encouraged to be mixed gender and remember that it is a social competition.
 - Please note that we require a minimum of four teams in order to run a Mixed Competition.

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Game Length

All games will comprise of four times 10 minute quarters. There is a one minute break between the first and second quarters and the third and fourth quarters. The half time break is three minutes.

For Finals, if a game is drawn after regulation time, the game will re-commence and continue until one team leads by two goals.

Uniform Penalties

If a team plays in a competition game (pre-competition games do not count in this instance) and one or more of its players do not comply with the playing shirt requirements, the opposition team will receive two goals per player out of uniform up to a maximum of six goals per match.

Delayed Attendance

If a team is not ready to play by the time the siren signals the start of the game (assuming the other team is present), the following actions will be taken by the Match Official:

- The opposition team will receive two goals every two minutes the team is unable to take the court.
- The clock will not stop and the game will commence when the opposition is ready
- If a team is later than 10 minutes, the game is to be declared a forfeit in favour of the team which is present.

Forfeited Match

If a team receives a forfeit victory, they will receive a score of 20-0.